Ready-Ed Publications

PHOTOCOPY MASTERS

Teaching Values through Fairy Tales

Ages 7–10

Teaching Self-Esteem
through Fairy Tales

CURRICULUM LINKED

By Ron Newton

Contents

SAMPLE

Teachers' Notes

Values

This book includes four delightful fairy tales which all promote the value of self-esteem. Through the inclusion of a variety of engaging activities, children are encouraged to enjoy and appreciate each story and recognise how one value can be presented to the reader in many different ways. As there are many different aspects of self-esteem no attempt is made in this book to include them all.

To illustrate the value of self-esteem the following four stories have been chosen:

- "Snow White and the Seven Dwarfs" to teach students about the dreadful consequences of having a poor self-image.

- "The Emperor's New Clothes" to teach children that having low self-esteem can make you very vulnerable.

- "The Farmer, His Son and Their Donkey" to emphasise to students that having a high self-esteem means having confidence in yourself.

- "The Ugly Duckling" to teach children why people have low self-esteem and how important it is to help people gain a sense of self-worth.

The activities in this book are intended to reinforce the value of self-esteem. It is important that students are able to recognise values in texts and the ways that values are promoted through their school life.

The Stories

Snow White and the Seven Dwarfs

The first story, "Snow White and the Seven Dwarfs," is about a beautiful queen who seeks validation on a daily basis from her magic mirror because her self-esteem is so low. She looks to her mirror for approval and to increase her sense of self-worth. It is because her self-esteem is so low that the queen is unable to celebrate Snow White's beauty and this makes her envious. Her low self-esteem, which makes her envious, has disastrous consequences.

The Emperor's New Clothes

The second story, "The Emperor's New Clothes" is also about a person who looks for constant validation. The Emperor's need for the approval of his subjects and his fear of them rejecting him as a competent leader makes him a prime target for a pair of swindlers who easily manage to deceive him and, except for one small boy, everyone else in the town. This story highlights how having low self-esteem can make you very vulnerable.

Draw faces to show how the characters feel at different times of the story.
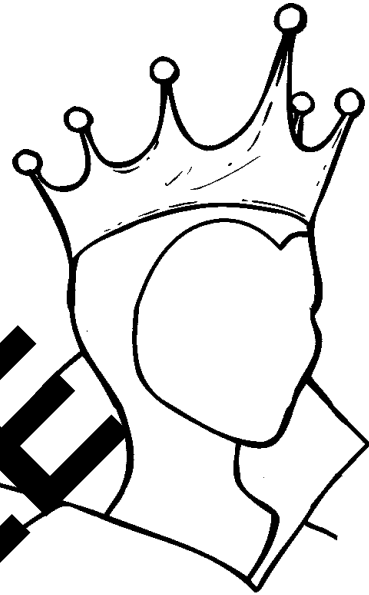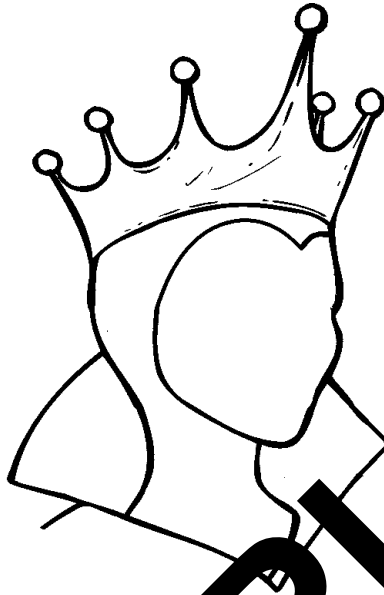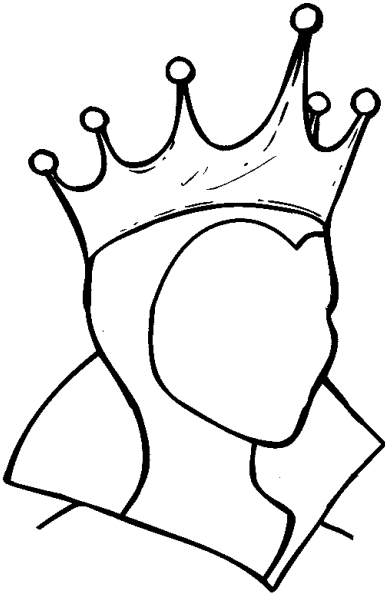
When the mirror tells the queen that she is the most beautiful of all.

When the mirror tells the queen that Snow White is the most beautiful of all.

When the mirror tells the queen that Snow White still lives.
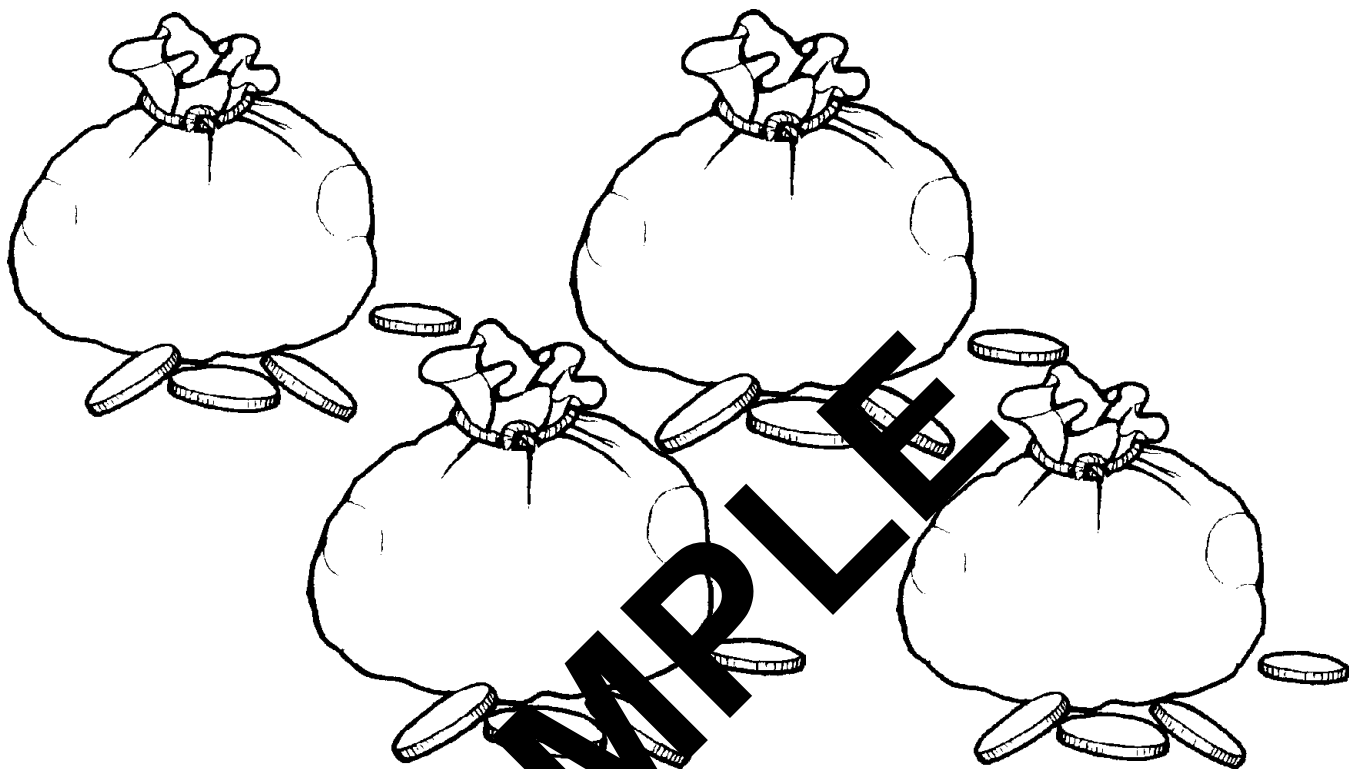
When Snow White is left in the forest.

When the dwarfs find Snow White poisoned.

When Snow White opens her eyes to see the handsome prince.

SAMPLE

**In the money bags write four different ways
that the swindlers were dishonest.**

SAMPLE

**The dishonest weavers took advantage of people's
low self-esteem. Answer the questions below.**

1. The Prime Minister did not want to be seen as unfit for his job so he …

_____

2. The Emperor wanted to be seen as fit for his job so he …

_____

3. The crowd of onlookers didn't want to seem stupid so they …

_____

**Design and draw some fancy clothes for the Emperor
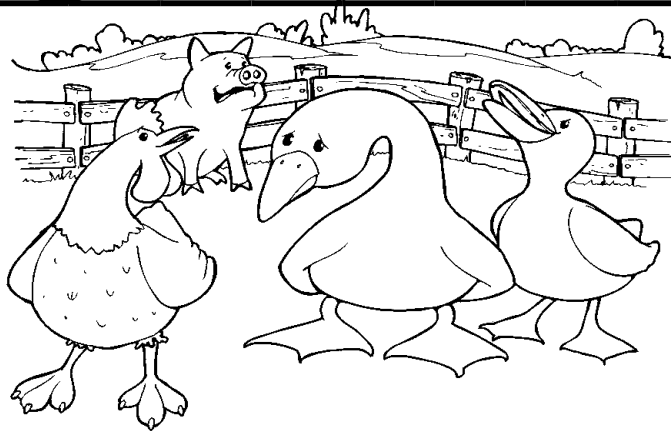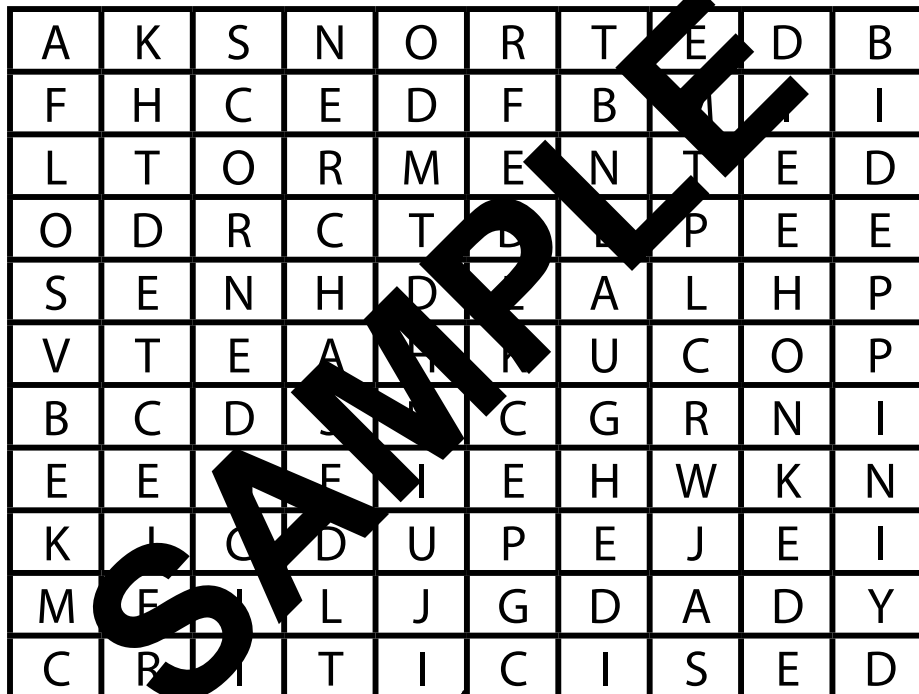on the back of this sheet. E.g. hats, shoes, gloves.**

The Ugly Duckling ★ Activity 4 ★

These words describe how the other animals behaved towards the ugly duckling. Find them in the grid below.

honked	rejected	nipped	snorted
criticised	chased	laughed	ridiculed
pecked	scorned	tormented	bit

Words can go ↑ → ↗ ↙

A	K	S	N	O	R	T	E	D	B
F	H	C	E	D	F	B	U	L	I
L	T	O	R	M	E	N	T	E	D
O	D	R	C	T	L	P	P	E	E
S	E	N	H	D	A	L	H	P
V	T	E	A	H	U	C	O	P
B	C	D	J	C	G	R	N	I
E	E	E	E	H	W	K	N
K	L	D	U	P	E	J	E	I
M	M	L	J	G	D	A	D	Y
C	R	T	I	C	I	S	E	D

SAMPLE

Extra! On the back of this sheet brainstorm some words to describe the ugly duckling's mother. Create a word search using these words, then swap your word search with a partner.